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island retreat

Aqua Terre Spa is unveiled at the newly opened Parkside Victoria on Vancouver Island. By Stephanie Gray

Fully completed in the summer of 2009, the Parkside Victoria Resort & Spa (parksidevictoria.com), located in downtown Victoria, B.C., recently welcomed the luxurious Aqua Terre Spa to the property this past November. The resort itself is completely sustainable and green, featuring modern rooms with panoramic city views, gourmet kitchens, electric fireplaces and heated bathroom floors, making it a cozy setting for a romantic weekend with the mister. And your trip wouldn't be complete without a visit to their on-site spa. Their spa menu offers everything from body wraps to scrubs, massage therapy, facials and nail care. The spa also uses luxurious products like B.Kamins, Spa Ritual and a new line from Upper Canada. We highly recommend the Diamond Radiance Facial, a treatment that uses the B.Kamins line and is tailored to suit your skin's needs. We promise you'll leave glowing! Attached to the spa you'll also find a 25-metre indoor ozonated pool and hot tub, plus a fitness centre with a variety of cardio and strength-training machines. With a private 29-seat movie theatre showing nightly movies, plus a rooftop garden and eighth floor lounge with ocean views, the Parkside could be your "I do" destination, too.